

**BHARATANATYAM SOLO RECITALS. GROUP PERFORMANCES.**  
**THEMATIC PRESENTATIONS. CHOREOGRAPHY.**  
**CONTEMPORARY DERIVATIONS. STUDENT TRAINING.** DANCE  
EDUCATION. **CURRICULUM DESIGN.** TEACHER TRAINING.  
RESEARCH. **BOOKS.** MULTIMEDIA MATERIALS. **ONLINE**  
**TRAINING.** INTERNATIONAL FESTIVALS. **COSTUME DESIGN.**  
SOCIETY. **DANCE SCHOOL.** POSSIBILITIES

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**BHARATANATYAM EXPONENT**  
**JAYALAKSHMI ESHWAR**



An Internationally acclaimed Bharatanatyam exponent of par-excellence, an excellent Performer, Choreographer, Teacher and an Author with an experience of more than 5 decades of dance being a leading Bharatanatyam dancer of her generation. Her glorious career has seen her transmit her education in performing Arts at "Kalkshetra" Chennai– the pioneering college of fine arts envisioned by Smt. Rukmini Devi Arundale, who has been a guiding vision for Jayalakshmi. Had her Arangetram at Kalkshetra on her convocation day 1st Dec 1970 under the able guidance of Smt. Rukmini Devi Arundale.

Jayalakshmi strikes a perfect blend of tradition and contemporary interpretation, without obscuring the aesthetics of the classical idiom. She has a vast range and depth of productions, having performed in Solo, group and collaborative formats extensively in India and abroad. She is the Head of the Bharatanatyam Department at the Triveni Kala Sangam, New Delhi, apart from having her own dance group Abhinayaa. She has also enacted as the Tanjore Dancer in the National Award Winning classical Kannada film "Hamsa Geethe" of G.V.Iyer.

**\*A Top Graded Artist of Doordarshan**

**\*Empanelled (Outstanding) Artist of ICCR**

**\*Empanelled (Outstanding | Her Group) by  
Dept of Culture for Festivals Abroad.**

**\* Performances India & Abroad**

Globally on stage both solo and group presentations (Norway, Sweden, Denmark, Netherlands, Germany, France, UK, South America, USA, Canada, Bahrain, Indonesia, Russia, Ukraine, Singapore, China, Malaysia, Australia, North Korea, Sudan, Egypt, Lebanon & Syria) Besides renowned cultural organisations across India.

**\*India & International Dance Festival**

Soorya Festival - Kerala, Khajuraho - MP, Lalit Arts Festivals - Bangaluru, Choreographic Festival Delhi, Chakradhar Samoroh - Raigarh, Taj Festival, Imphal Festival by Sangeet Natak Akademi Natyanchali Festival -Chidambaram, 1000 years Thanjavur Dance Festival, Kartik Fine Arts & Nadhabrahman Festival - Chennai, Delhi Arts Festival etc.

\*64th India Republic Day Celebration (Beijing and Shanghai), World

Health Conference (Geneva). Sakthi Dance Festival (Canada), Temple of Fine Arts (Australia & Malaysia), Friendship Spring Festival (North Korea), Theatre Festival (Venezuela), Festival of India (USSR & Denmark) etc.

**\*Innovative Choreographic Compositions** ranging from ancient vedic to modern concepts for both solo and thematic group presentations like:- Antariksha Sanchar (Evolution of Flights), Kalashruthi(Sounds of Time), a combination between "Bharatanatyam and Hatha - Yoga", "Varuna" the savior of Water, "Awakening"-a work combining classical dance, music and electronic arts, Nadopasana, Nritya Rupam, Tat Tvam Asi, Bharatam, Mystical Seven, Panchali Sabadam of Subramaniya Bharatiyar, the fairy Tale-"SnowWhite" (Himshweta) in Hindi for children etc have won her great acclaim both in India and abroad.

**\*Teaching / Workshop / Dance**

She has been conducting National & International workshops on Bharatanatyam and choreographed and directed many thematic dance productions both India & Abroad. An Artistic Director for International Students Day of ICCR for four years and examiner for several Indian Universities in Bharatanatyam .

Regularly giving lectures for CCRT (Centre for cultural Resources and Training, Govt Of India) Orientation Programmes conducted for All India Teachers. She is also one of the Member of the Expert Committee For Selection of School Children Items for the Republic Day Celebrations (2013 and 2014). She has taught hundreds of students over the years in India and abroad and many have completed their Arangetram (Graduation) and are well established dancers having their own dance centres.

**\*Development of Art Education** Syllabi, Teachers Guide a publication on Art Education for National Centre for Educational Research & Technology (NCERT), Govt of India. She has released under the aegis of CIET, NCERT, Govt. of India, 25 episodes in a DVD titled "LANGUAGE OF DANCE" for children.

Her internationally acclaimed contribution to Bharatanatyam is her four instructional books- "**Bharatanatyam How To**", "**Hashta Prayogaah**" on the vocabulary of Hand Gestures & "**Paadhabedhah**"- on the vocabulary of feet movements in dance. **Nrithya Vidhya** - on the vocabulary of head, eyes and neck movements in dance. All the books are complete with multimedia



support material of audio and video DVDs. Her creativity also extended in releasing an unique educational “Card Game” for young and old.

**\*Awards / Honours / Recognitions** by many organisations both in India & abroad. She has also been the recipient of Senior Fellowship Award of Sangeet Natak Akademi. Recently she was awarded “Acharya Kala Bharathi” by Bharat Kalachar, Chennai.

Residing in New-Delhi, India, she continues to perform both solo as well as group productions apart from teaching. Actively engaged and leading all her projects on all fronts whether its imagining narratives, choreographing movements, building sound compositions or designing costume and décor, Jayalakshmi creates productions that are wholesome, educational and spiritual for audiences. Her belief is that dance is a language that everyone should have access to and enjoy as a means of communicating with others as well as knowledge based and learning about oneself and the very existence of Life and it is this belief that imparts a sense of wonder and engagement for audiences with her Dance.

Faculty - Bharatanaytam courses at Triveni Kala Sangam, New Delhi  
Founder Abhinayaa Centre for Dance, New Delhi



“Debadhara Festival” Delhi (Aug’ 2016)



“Antariksha Sanchar” evolution of  
Flights and Aircraft, Chennai (Sep 2017), Bangaluru (Sep’ 2016), Goa (Jan’ 2015)



“Soorya Dance & Music Festival”  
Thiruvananthapuram (Oct’ 2016)



“Kannagi” MaxMueller Bhavan  
New Delhi (2012/15)





"Antariksha Sanchar" evolution of  
Flights and Aircraft, Delhi (2012)



"Awakening", Delhi (2015),  
Bangaluru (2010)



Kala Shruti  
Chennai (2017), ICCR Delhi (2013),  
Delhi Tamil Sangam (2012)



Light, NCPA, Mumbai (2015)



Sapta Swara  
"Mystical Seven"  
(Oct - 2012, Delhi University)



Shanghai - Jan 27, 2013 Workshop &  
interaction with the Chinese dancers at  
Changing District Art Centre (2013)  
by ICCR



Beijing Performance  
64th India's Republic Day Celebrations,  
ICCR Programme (2013)



Interaction with the students  
Department of performing arts  
Demoscas - Syria (2007) by ICCR



"Surya From Mystical 7"  
Delhi (2007), Chennai (2008)





Jayalakshmi Eshwar and Disciples, ICCR Tour, Sudan (2007)



Receiving Prize inter Ministry Dance competition  
From President - Dr.Sri.Radhakrishnan



Jayalakshmi Eshwar  
(Dec.2012-Karnataka Sangha, Delhi)



Jayalakshmi Eshwar  
(Oct.2012-Delhi University)



Smt.Rukimini Devi at  
Jayalakshmi Eshwar's  
debut performance at  
Kalakshetra(Dec 1970)



Kannada Movie "Hamsa Geethe"  
Produced by G.V.Iyer - 1975  
at chitradurga fort Karanataka  
as Tanjore dancer



- **BHARATANATYAM: HOW TO...**

A book for beginners and experts alike, this book takes the reader through the basics of the dance form step-by-step. More than a 1500 pictures and detailed descriptions. Also provided are a set of music and video CDs for practice.

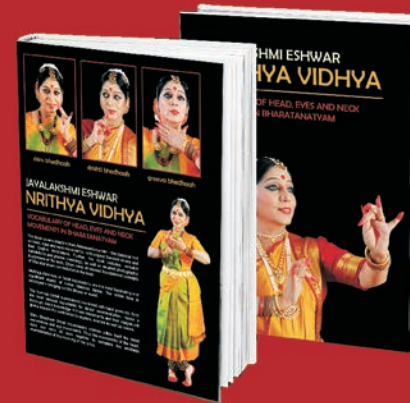
- **HASTHA PRAYOGA: USAGES OF HAND GESTURES**

A focussed effort to inform students of dance about the usage of hand gestures and their use as a communication medium. Detailed instructions and more than 1400 colour photographs make this handy-sized book a must have for students and teachers alike. Also provided are a set of music and video CDs for practice. (also available in Tamil)



- **Pushpanjali Learning Complete Item + Audio Music**

The two DVD set contains the teaching of Pushpanjali in a step by step approach by Jayalakshmi Eshwar. Each line has been repeated many times so that any one can learn the complete Pushpanjali and perform. The feet movements and the hand gestures are also explained separately for the easy understanding of the item. Pushpanali - Rag : Kedharam, Talam : Aadhi



- **Nrithya Vidhya**

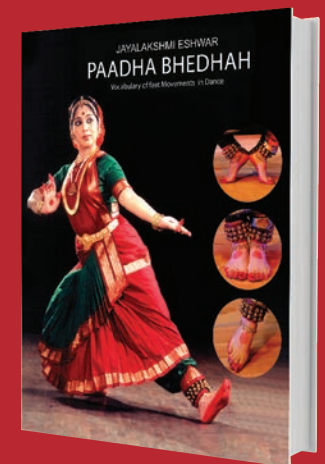
Vocabulary of Head, Eyes and Neck Movements in Bhartanatyam

The book covers chapters from Abhinayadarpanam - the classical text on head, eyes and neck movements - with original Sanskrit verses and their English translations. Further, the book includes verbatim translations and phrasal meanings, as well as detailed photographic illustrations of the texts. Short notes on several foundational concepts of Bharatanatyam are included in the book.

- **PAADHA BHEDHAH**

Vocabulary of Feet Movements in Bhartanatyam

This book is based on the ancient Indian text 'Abhinayadarpanam' and explains the diverse language of the feet positions, making it easy and interesting for students to know about our ancient dance technique as well as the learning process of dance theory. The detailed, systematic illustrations of Paadha Bhedhah (Feet movements) can be utilized by dancers belonging to any form of dance be it classical or contemporary. This book features close to 1000 colour pictorial illustrations.



- **Educational Dance Card Game**

This card game provides knowledge on Nine Indian Classical Dance Forms. Two type of games can be played – Educational or Fun (like card game rummy). Detailed instruction card is kept inside the pack.

